WBC August 2024 Update

It begins …
Coach Bandick has mapped out an extensive pre-season program of training, try-outs and trial matches. The details are listed in the calendar on our website https://www.woodvillelawnbowls.com.au/calendar/ and in the *Diary Dates* below. See you all there.

All Tryout games will be played under strict Pennant conditions with a roll-up at 12:00PM and a 12:30PM start. Teams will be selected during the week prior to each game. If you are selected and are subsequently unable to play, you must advise the Coach on 0412 670 977. If a Tryout game is cancelled due to inclement weather you will receive an email by 10:30AM on the day of play.

We are pleased to advise we have enough players to enter an extra side on both Wednesday and Saturday pennants. Thanks to all those who have already paid their fees - if you intend playing pennants we ask that you pay your fees before the end of August as a show of commitment.

Coach's Corner - Benefits of Repetition
Repetition heightens concentration. Be sure to take the time to truly focus on what you're doing - No more going through the motions. Be slow and precise as you work your way through each set or interval when you are training.
Performing the same exercise repeatedly allows you to fine tune your movements and master the basics. Repetition of a specific discipline invokes muscle memory.

Special General Meeting – Monday 19 August 2024 @ 7:00PM
You will have received an email notice of this meeting, but just in case you missed it, the Board has been looking into ways of easing the heat situation along the southern end of rinks 1 to 6 under the veranda area of the shed. Following the recommendations of a builder and insulation professional, it has been decided that the best and most cost-effective method is to remove the roofing from the veranda and replace it with weatherproof insulated panels.

The cost to carry out this procedure has been estimated at $24,000.00. In order to go ahead with this, the Board must seek permission from the Members to spend this amount of money. For this to go ahead we need a quorum of Full and Life Members to attend the meeting, and for the majority of those attendees to agree to the proposal, so please make every effort to attend the meeting as proxy and postal (including email) voting is not permitted under the Rules of our Constitution.

Bar Pricing
It has been 2 years since we last increased our drink prices, and we have decided to bump up our rates to ensure we can continue. Soft drink prices remain unchanged; beers will cost you 50c more; and all premixed cans will now cost you $1 more. We think our bar prices are pretty good and encourage you to continue to support your club.

Selectors Wanted … still
We want to form our Selection Panels for the coming season. Karl Kreuzer will be coaching the Thursday (Ladies) team and will work with them on their structure. We need nominations for Saturdays (Div 4,5,6,7 & 7), and Wednesdays (Div 3 & 4). Support your club and put your hand up. Nominations by email to woodvillebowlingclub@gmail.com

Team Managers Wanted
We also need Team Managers for each side and ideally, we would like to provide a pre-season briefing on what a team manager needs to oversee for each game … including having an emergency contact number for all players in case of medical emergency or anything else. So maybe if selection is not your thing, then please consider a role as Team Manager. Nominations by email to woodvillebowlingclub@gmail.com

Uniforms
Our new uniform pants have been ordered and will be available before the fist Pennant game (12 October).

New Members
This month we welcome the following new members:

- Ivan Stevanja - transferring from Para Hills
- Ron Rebbeck- transferring from Port Adelaide
- Ryan Hemingway (Associate Membership – he plays at Grange)
- Bradley Jansen (Associate Membership – he plays at West Lakes)
- Delia Hughes (Terry's wife) – Social Member

Please make them welcome.

Indoor Bowls – Mixed Comp
Woodville South will compete in finals commencing next week.

Social Bowls
Ken James will be running 2-4-2 Pairs on Mondays & Bene Benic will be in charge of 3 Bowl Pairs on Thursdays … for another 3 weeks- the last Thursday Social Bowls for this winter will be 22 August.

Improvements
New reverse cycle air conditioning/heating will be installed in the club rooms in August / September with the club rooms unavailable for a couple of weeks, we will keep you posted.

Night Owls
Our pre-Christmas Night Owls season will run from 9 October 2024 to 11 December 2024. Our pre-Christmas sponsor will be Upside Building. Thanks for that. After Christmas our sponsor will be CottonEscott Future.

Diary Dates
11 August 2024 @ 9:30AM for 10:00AM sharp, or 10:30AM for 11:00AM sharp – Pre-season Block Training
17, 24 & 31 August 12.00PM for 12.30PM Start - Tryouts **NB Names must be on lists for Selection on the Wednesday prior** to each of these dates
3 September @ 9:30AM – Official start of Ladies Pre-season training
7 September 2024 – Pre-season match vs **Millswood** (@ Woodville) for the Driftwood Trophy – 12:00PM for 12:30PM start followed by a free BBQ - Names on list please
14 September 2024 @ 12:00PM for 12:30PM start – Tryouts - Names on list please
18 September 2024 @ 12:00PM for 12:30PM start – Tryouts
21 September 2024 – Pre-season match vs **Henley** (@ Henley) – 12:00PM for 12:30PM start
25 September 2024 @ 12:00PM for 12:30PM start – Tryouts
28 September 2024 – AFL Grand Final – No games scheduled
2 October 2024 @ 12:00PM for 12:30PM start – Tryouts
3 October 2024 Ladies Pre-season v West Lakes @ Woodville 9.30 for 10am
5 October 2024 @ 12:00PM for 12:30PM start – Final Tryouts
9 October 2024 – Pre-season match vs **Holdfast Bay** (@Holdfast Bay) - 12:00PM for 12:30PM start
9 October 2024 – Night Owls Season starts
12 October 2024 – Round 1 Saturday Pennants – all divisions
16 October 2024– Round 1 Wednesday Pennants – all divisions
17 October 2024 – Round 1 Thursday Pennants – all divisions

Our sponsors
This club can't exist without the generous support from our sponsors, please show them your support.

Information & Updates We will try to keep you informed of the **latest** developments on our Website & Facebook page. Please check in regularly and remember to Like our Facebook page.
Website: www.woodvillelawnbowls.com.au Facebook: https://www.facebook.com/woodvillebowlingclub/